



Features of GuidingCare

- Intuitive web-based system
- Integrated risk stratification and modeling
- Care opportunity identification
- Superior up-to-date clinical content

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GuidingCare™ for Health Plans

GuidingCare™ is your answer to advancing healthcare quality and efficiency by improving health outcomes and reducing avoidable costs associated with populations at risk for, or suffering from chronic illness. *GuidingCare* is a patient-centric care management system that meets the growing demands for better patient care.

Benefits of GuidingCare

Integrates easily and exchanges data with your existing health information technology systems and captures valuable, reportable health information.

GuidingCare creates a solid infrastructure to support data aggregation, clinical decision-making and reporting. *GuidingCare* comes pre-integrated with *GuidingSigns™* predictive modeling engine or can be integrated with other leading predictive modeling and utilization management (UM) systems. Because the application is web-based you can be up and running in no time.

Stratifies entire populations into risk categories in real time and identifies patients with one or multiple chronic conditions.

GuidingCare uses algorithms driven by evidenced-based guidelines and a diagnosis-based risk methodology in *GuidingSigns* to automatically assess and classify patients by level of severity; making it easier to target those patients who are in greatest need of immediate intervention. *GuidingCare* provides a measurable improvement in quality outcomes and a return on investment for health outreach and care management efforts.

Identifies opportunities for care improvement and helps reduce variations in care.

Clinical decision support tools compliment your clinical workflow and identify appropriate gaps in care and consistent opportunities to improve patient health using a set of more than 300 clinical care, behavioral health and medication-related indicators.

Incorporates superior clinical content utilizing the Milliman® CareGuidelines® updated annually by a team of full-time, physicians, nurses and researchers.

The content within *GuidingCare* reflects the most up-to-date clinical guidelines integrated into a case management framework that helps guide the daily workflow of your clinical staff.



Why Altruista Health?

Altruista Health, Inc. is a leading provider of highly patient-centric and customizable total population care management technology and solutions used to streamline clinical and administrative processes, improve patient outcomes and reduce avoidable healthcare costs. Clients include commercial and government health payers, health systems and employers.

For more information on our products and services, or to schedule a live demonstration, please contact us at 703.707.8890 x103 or via email at info@altruistahealth.com. Visit us on the web at www.altruistahealth.com.